

**CO UNSELING AS AN CORE SUBJECT IN TEACHER EDUCATION****Mr. Vijay Nagnath Kamble**

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Abstract

Teacher education is very prominent part of teacher's life. Teachers not only learn different methods & techniques of teaching but also experiences & skills about the school atmosphere. Teacher education is training for school teachers. Now a day's school has different backgrounds. Day by day the school student's life has been changing with the effect of media, internet, mobile social environment etc. The school teachers are facing different problems related students emotional, mental, personality, poor adjustment, stress etc. Area. So a part from teaching & learning & evaluation there is need of a proper counseling facility service for the students, because each students is unique & different, he/she has unique problems regarding motivation, cop-up, scientific information, sex education etc. So I recommend that, in the Teacher Education there is a core subject of counseling. In this subject there should be counseling information related to school students. When teacher educators will get knowledge about proper counseling subject then they are able to handle & help the students, which are facing different problems regarding counseling area.

Key Words:-*Counseling, Teacher Educators Counseling, School Students Common problems, Counseling as a core subject*



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Introduction:-

In the school counseling, school counselors provide appropriate psychological services to students that address educational, social, emotional and behavioral needs, either individually or in groups. The School Counselor works closely with the school management in planning and implementing a school-wide counseling system, providing direct counseling intervention to at-risk students and case consultations to school personnel and parents and training teachers and parents on counseling-related issues. The School Counselor will also identify, devise and deliver specialized group guidance programmes for at-risk students who need additional help in the area of social and emotional development, as evidenced by social, emotional and behavioral concerns presented by these student.

Students need Counseling because:-

- 1) Motivation is the key point for students' academic & daily life
- 2) Students are facing academic stress
- 3) Students need counseling because they have poor adjustment
- 4) Students need counseling because they need to develop their personality
- 5) Students need counseling because they need proper & scientific knowledge about sex education

- 6) Students need counseling because they need to cope up with their emotions & feelings
- 7) Students need counseling because they have poor adjustment
- 8) Students need counseling because they addicted to bad habits like smoking, tobacco, alcoholism etc.
- 9) Students need counseling because they are facing relationship problems
- 10) Students need counseling because they are lacking social skills, engaged in antisocial activities

If present & future teacher educators get knowledge, information & practicals about counseling subject, then they are able to

- 1) Reduce stress like, exam stress, academic stress etc.
- 2) Teach how to cope with emotions, how to handle emotions effectively, how to express emotions appropriately
- 3) Guide students about adjustment problems
- 4) Give students information about physical, hormonal changes in their body and its about physical, emotional & behavioral effect
- 5) Aware students, guide about different addictions and its effect on physical & social life
- 6) Motivate students to better performance in academic & daily life
- 7) Give guidance students about their career, occupation & their future
- 8) Give suggestions to the students' parents about their role as a parent.
- 9) Give motivation to their fellow teacher.
- 10) Conduct different psychological tests like, interest, adjustment, creativity, intelligence and interpret them

Today's scenario about the student's life

- 1) Students are using smart phones and it has changed their life routine
- 2) Students are connected with social media like What Sapp, Facebook, Viber, Hike etc.
- 3) Students are able to assess different websites and they are searching porn sites, blue films
- 4) Students are doing excessing chatting, listening and watching movies & songs
- 5) Students are playing violence video & mobile games due to there are violence symptoms in their behaviour.

Schools are facing problems like,

1	Behaviour of the students	6	Relationships problems
2	Academic Stress, pressure on students	7	Teasing & Bullying
3	Delinquencies	8	Anti-social behaviour
4	Addictions	9	Phobias
5	Peer pressure	10	Sexual abuse

Counseling as a subject

- 1) Teacher Educators know & understand importance of counseling
- 2) Teacher Educators know & understand role of counseling
- 3) Teacher Educators know & understand principles of counseling
- 4) Teacher Educators know & understand steps of counseling process
- 5) Teacher Educators know & understand important factors of counseling
- 6) Teacher Educators know & understand psychological techniques & Therapies
- 7) Teacher Educators know & understand different psychological test and its use for students

- 8) Teacher Educators know & understand the interview technique
- 9) Teacher Educators know & understand school counseling
- 10) Teacher Educators know & understand counseling for girls & boys

Conclusions:-

Teachers have multiple roles to perform nowadays. To fulfill their roles professionally, teachers need to be competent in their responsibilities towards their students inside and outside the classroom. One important teacher role inside and outside the classroom is to provide guidance and counseling to students.

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